

DIY Woven Double-layer Cotton Mask



WHAT YOU NEED

- 10" x 12" piece of fabric
- 10" elastic*
- 9" elastic*
- Ruler

*If you are not able to find quarter inch elastic (used in this tutorial) other widths should work fine as well, and if elastic is unavailable you can substitute twill or bias tape to make ties. Please try to avoid elastic that uses latex, as this is a common allergen for many.

RECOMMENDED FABRIC

- Petal Signature Cotton™ (thread count: 120)
- Cotton Poplin (thread count: 204)
- Organic Cotton Sateen (thread count: 224)
- Other woven basic craft cotton is also suitable

INSTRUCTIONS

Step 1

Fold fabric in half, with right sides together, to make a rectangle 10" (W) x 6" (L).

Step 2

On the 10" cut edge, measure 2.5" in from each outside edge. Sew from edge to mark with a $\frac{1}{4}$ " seam allowance, backstitching at the markings. Repeat for other side. This will leave the center unsewn.

Step 3

Press seam allowance open, being careful to press the unstitched portion open as well.

Step 4

Edge stitch along both sides of the seam, catching both the outer fabric and the seam allowance.

Step 5

You should have a tube of fabric with a slotted seam. Press tube flat with seam located $\frac{1}{2}$ " from top. This will be the opening for inserting a filter. This will be considered the 'back' of the mask.

Step 6

Place elastic inside the fabric tube, still right sides together. The 10" elastic should be pinned in place $\frac{1}{8}$ " from the top and the 9" elastic should be pinned in place $\frac{1}{8}$ " from the bottom. This will cause a slight fold on the bottom. Sew edges with a $\frac{1}{4}$ " seam allowance, backstitching at both ends.



INSTRUCTIONS

Step 7

Turn right side out. Turn the mask over to the front. The slit is facing away from you but still located towards the top edge.

Step 8

Edge stitch at $\frac{1}{8}$ " on the top and bottom, backstitching at both ends.

Step 9

Fold two $\frac{1}{2}$ " pleats evenly along the short side of the mask. The mask should now measure roughly 9.5" x 3.25". Sew pleats in place by stitching along side at $\frac{1}{4}$ " seam allowance, backstitching at both ends.

Finished size: 9.5" x 3.25"

